

At this seminar, you will learn about suicide prevention strategies for schools, as well as policies and procedures to assist in suicide prevention. Local and state resources specific to suicide prevention, intervention, and postvention will be presented. Additionally, you will learn to identify the critical elements of a crisis response team.

Intended audience: Administrators, counselors, health teachers, school psychologists, school nurses, school therapists

Day 1 Topics

- 1. The scope of youth suicide in Santa Clara County
- 2. Review the new School Safety Plan
- 3. Suicide Prevention Toolkit: How to promote wellness and prepare your school for a crisis
- 4. Training in the "More Than Sad" program for staff, parents, and middle school students
- 5. Discussion with community partners: resources for your schools

Day 2 Topics

- 1. Information about California innovative school based programs
- 2. Training in "Break Free from Depression": a comprehensive mental health curriculum for high school students and parents
- 3. Training in QPR Question Persuade Refer: crisis intervention in a mental health emergency

TWO DAY SERIES - Only \$25! October 3&14, 2014

8:30 a.m.-3 p.m. Lunch on your own.

& BRNs

Free CEUs 6 hours of continuing education per day for LCSWs and LMFTs as required by the California Board of Behavioral Sciences; BRN units for nurses.

Santa Clara County Office of Education 1290 Ridder Park Drive, San Jose, CA 95131

Register at: http://santaclara.k12oms.org/1549-81572

For more info., please contact Myrna Zendejas at 408-453-6762 or Myrna_Zendejas@sccoe.org

Santa Clara County 욑



Office of Education

Mary Ann Dewan, Ph.D., Interim County Superintendent of Schools

